



**TANGGAPAN NG PAMBAYANG MANGGAGAMOT**  
**Rural Health Unit**  
**Quezon, Quezon**

**Preventive and Primary Care Services**

**Oras ng Opisina:**

- **LUNES HANGGANG BIYERNES** 8:00am hanggang 5:00pm

**Pangalahatang Serbisyong Ibinibigay**

- **LUNES HANGGANG BIYERNES**
  - Mga kasong hindi emergency 8:00am hanggang 12:00nn
    - Konsulta ng may sakit
    - Wellness consults
    - Family planning services
    - Regular na pagkuha ng Presyon
    - Body Measurements
    - Regular na Pagsusuri ng Suso
    - Breastfeeding Counseling/Program Implementation
    - Counseling for Lifestyle Modification
    - Smoking Cessation
    - Digital Rectal Examination
  - Mga kasong emergency 8:00am hanggang 5:00pm
    - On call sa mga panahong walang pasok; outside office hours
  - Pagpapaanak 8:00am hanggang 5:00pm
    - On call sa mga panahong walang pasok; outside office hours
- **MARTES**
  - Araw ng Buntis 1:00pm hanggang 5:00pm
- **MIYERKULES**
  - Pagbabakuna 8:00am hanggang 5:00pm
  - Premarital Counseling 1:00pm hanggang 5:00pm
- **HUWEBES**
  - Family Development Sessions 1:00pm hanggang 5:00pm
  - Patient Education Sessions
- **BIYERNES**
  - Family Development Sessions 1:00pm hanggang 5:00pm
  - Patient Education Sessions